



READY TO STEP INTO YOUR POWER?

Feel prepared walking into your photoshoot with this
workbook + guide!

BASIC INFO

Why is now the perfect time for this boudoir experience?

How do you want to feel looking back at these photos 5, 10, 20+ years from now?

STEP 1

What is your vibe?

Circle all that apply

Natural & subtle

Dark & moody

Vibrant & Funky

Ultra sexy & daring

STEP 2

How do you want to enjoy your images?

Circle all that apply

Digitals

Wall Art

Album

Other: _____

STEP 3

Is there anything personal I want to incorporate into my photoshoot?

Are there any specific shots I'm wanting to focus on creating?

STEP 4

What will I wear?

Outfit 1:

Outfit 2:

Outfit 3 (only available with pre-purchase):

STEP 5

How Many Images Do You Want to Fall in Love With?

Every boudoir session builds. Confidence grows, energy shifts, and different sides of you start to show up. The more images you choose, the more of that experience you get to keep.

5–10 images

A few powerful favourites.

16–30 images

More variety. More you.

30–50 images

The confidence curve. This is where most clients realize they want more than they expected.

50+ images

The full experience. Every look, every mood, every version that showed up.

Most clients say this is harder to choose than they imagined, in the best way. The deeper they go, the more connected they feel to the process and to themselves. Choose what feels right. There's no wrong answer, only how much of this you want to remember.